

ST. MARTIN'S LUTHERAN PRESCHOOL

PROVIDED BY:
PATRICIA'S
LUNCHBOX 

Lunch Menu

Sample of the meals served on a rotating 4 week cycle.

MON	TUE	WED	THU	FRI
<p><i>Hamburger on Sweetish Hill Whole Wheat Bun</i> <i>Optional American Cheese</i> <i>Home Fries</i> <i>Carrot & Celery Sticks</i> <i>Daily Fruit</i></p>	<p><i>Turkey Chili Mac</i> <i>Fresh Cooked Broccoli</i> <i>Baguette Slice</i> <i>Daily Fruit</i></p>	<p><i>Hand-Breaded Chicken Tenders</i> <i>Oven Roasted Sweet Potatoes</i> <i>Cauliflower & Peas</i> <i>Fruit of the Day</i></p>	<p><i>Beef & Cheese Tacos</i> <i>Steamed Basmati Rice</i> <i>Seasoned Green Beans</i> <i>Fresh Fruit</i></p>	<p><i>Turkey Frito Pie</i> <i>Optional: Grated Cheddar</i> <i>Golden Corn</i> <i>Fruit of the Day</i></p>
<p><i>Pizza on Sweetish Hill Whole Wheat Crust with Mozzarella and Roasted Vegetable Sauce</i> <i>Carrot, Celery, Zucchini</i> <i>Fruit of the Day</i></p>	<p><i>Baked Ziti with Beef and Roasted Vegetable Marinara</i> <i>Seasoned Green Beans</i> <i>Fresh Fruit</i></p>	<p><i>Glazed Teriyaki Chicken</i> <i>Steamed Basmati Rice</i> <i>Broccoli & Peppers</i> <i>Fresh Fruit</i></p>	<p><i>Oven Roasted Herb Chicken</i> <i>Mac'n Cheese</i> <i>Fresh Cooked Broccoli</i> <i>Fresh Fruit</i></p>	<p><i>Home Style Meatloaf</i> <i>Mashed Potatoes</i> <i>Peas and Carrot</i> <i>Fresh Fruit</i></p>
<p><i>Hamburger on Sweetish Hill Whole Wheat Bun</i> <i>Optional American Cheese</i> <i>Home Fries</i> <i>Carrot & Celery Sticks</i> <i>Daily Fruit</i></p>	<p><i>Spaghetti with Homemade Turkey Meatballs</i> <i>Marinara or Pesto</i> <i>Fresh Cooked Broccoli</i> <i>Fruit of the Day</i></p>	<p><i>Natural Sliced Ham</i> <i>Cheesy Rice</i> <i>Honey Glazed Carrots</i> <i>Daily Fruit</i></p>	<p><i>Sloppy Joe on Sweetish Hill Whole Wheat Bun</i> <i>Oven-Fried Potatoes</i> <i>Seasonal Green Beans</i> <i>Fresh Fruit</i></p>	<p><i>Cheese Quesadillas with Beans</i> <i>Chopped Salad</i> <i>Fruit of the Day</i></p>
<p><i>Pizza on Sweetish Hill Whole Wheat Crust with Mozzarella and Roasted Vegetable Sauce</i> <i>Carrot, Celery, Zucchini</i> <i>Fruit of the Day</i></p>	<p><i>Asian Meatballs Over Egg Noodles</i> <i>Carrots, Peppers, Cabbage, Broccoli, and Chestnuts</i> <i>Daily Fruit</i></p>	<p><i>Natural Baked Chicken on Flour Tortillas</i> <i>Pinto Beans</i> <i>Honey Glazed Carrots</i> <i>Daily Fruit</i></p>	<p><i>Pasta Bolognese With Roasted Vegetable Marinara</i> <i>Fresh Cooked Broccoli</i> <i>Fresh Fruit</i></p>	<p><i>Pulled Pork Sliders</i> <i>Cauliflower Mac'n Cheese</i> <i>Fruit of the Day</i></p>
<p>Morning Snacks: <i>Bananas</i></p>	<p><i>Cereal Trail Mix</i></p>	<p><i>Bananas</i></p>	<p><i>Orange Slices</i></p>	<p><i>Cereal Trail Mix</i></p>
<p>Afternoon Snacks: <i>Challah Bread with Fruit Preserves</i></p>	<p><i>Carrot or Banana Bread</i></p>	<p><i>Mozzarella Sticks and Crackers</i></p>	<p><i>Challah Bread with Fruit Preserves</i></p>	<p><i>Baguette with Cheese</i></p>